

# Fluoroquinolone-Resistant *Campylobacter* Infections in the United States, 1997-2000: National Antimicrobial Resistance Monitoring System's Data Lead to Regulatory Action

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**Background:** *Campylobacter* causes an estimated 2.4 million illnesses in the United States each year. Poultry is a common source of human *Campylobacter* infections. Fluoroquinolones (FQ), which are commonly used to treat *Campylobacter* infections in humans, were approved for use in poultry in 1995. We determined the prevalence of FQ resistance in *Campylobacter* isolates from poultry and ill humans, and explored risk factors for human infections.

**Methods:** State health departments participating in the National Antimicrobial Resistance Monitoring System (NARMS) for enteric bacterial submitted *Campylobacter* isolates from ill humans and grocery store purchased chicken to CDC. CDC performed FQ resistance testing using E-test. A random sample of patients with *Campylobacter* isolates in 1998-99 from participating NARMS sites were interviewed.

**Results:** From 1997 to 2000, 1003 human *Campylobacter* isolates were tested; 15% were FQ resistant. From 1998-1999, 180 poultry specimens were tested; *Campylobacter* was isolated from 80 (44%); strains from 19 (24%) were FQ resistant. Between 1998 and 1999, 213 patients were interviewed. FQ resistance was associated with international travel in the seven days before illness onset (relative risk = 4.43, 95% confidence interval = 2.19-8.94). Nevertheless, 64% (16 of 25) of persons with FQ-resistant infections did not travel outside the United States. Among non-travelers, 62% (10 of 16) with FQ-resistant and 64% (111 of 173) with FQ-susceptible *Campylobacter* infections ate poultry in the week before becoming ill.

**Conclusions:** FQ resistance among *Campylobacter* isolates from ill humans and grocery store purchased poultry is common. The majority of FQ-resistant infections in humans were acquired domestically. These and other data contributed to a recent Food and Drug Administration (FDA) risk assessment that concluded that FQ use in poultry is contributing to FQ-resistant *Campylobacter* infections in humans. Subsequently, in December 2000, FDA proposed withdrawing the use of FQ in chickens and turkeys.

**Key Words:** *Campylobacter*, fluoroquinolones, antibiotic resistance, United States

## Suggested citation:

Gupta A, Rossiter S, McClellan J, Stamey K, Barrett T, Angulo F, and the NARMS Working Group. Fluoroquinolone-Resistant *Campylobacter* Infections in the United States, 1997-2000: National Antimicrobial Resistance Monitoring System's Data Lead to Regulatory Action. 50th Annual Epidemic Intelligence Service Conference. April 2001, Atlanta, GA.